

## Care Instructions for **Temporary Crowns**

It is important that the temporary crown (or bridge) stay in place until the permanent crown is placed. If the temporary crown becomes dislodged or feels uncomfortable, please call us so that we may see you as soon as possible. Do not attempt to "glue" the temporary crown back in yourself or "go without it" as the teeth may become sensitive or shift slightly preventing placement of the permanent crown. You can use a denture adhesive like Fixodent to temporarily hold the crown or bridge in until you can get to our office. Some cold sensitivity and tenderness around the gum is normal for the first few days.

- Avoid chewing for at least an hour.
- Avoid eating hard or sticky foods, such as chewing gum, hard crusty bread, taffy, chips, nuts, etc, and chew on the opposite side of the mouth if possible.
- Brush as usual, but floss with care. When flossing, remove floss from the side of the tooth.
- Use a desensitizing toothpaste if teeth are sensitive to heat, cold, or pressure, but contact our office if sensitivity increases or persists beyond a few days.
- Contact us if the crown comes off, and save it so that it can be recemented.
- It is important that the temporary crown stay in place to ensure the proper fit of the permanent crown.

If you have any discomfort:

- Medications including antibiotics should be taken only as directed.
- Rinse mouth three times a day with warm water to which one teaspoon of salt has been added.

Brush as usual, but floss with care. When flossing, remove floss from the side of the tooth. It is important to brush and keep gum tissue as clean as possible. Remember, we are happy to see you to check the temporary crown if you have a question prior to insertion of the permanent crown.

Call us at 512.337.2316 if your bite feels uneven, if you have persistent sensitivity or discomfort, or if you have any other concerns.

